

Everyone Everywhere Can Now accelerateUHC > A unique way in which consumers and brands come together to accelerateUHC



Community Health Workers & Nurses accelerateUHC

Community Health Workers (CHWs), clinical officers, Nurses and the like go to <https://kenya.adra.cloud/get-involved/> and 'Become paid Volunteers or Interns' that accelerateUHC.

They nominate people for free medical services or 'vote' for people that have already been nominated. Simua, for example, who is an adult with minimum high school education, used his tablet or smartphone to nominate Nephath (in large photo) for free medical services. During the nomination, Simua listed 11 members of Nephath's family.

Simua checks on medical conditions of Nephath's family every three months. He reports about the conditions. Whenever Nephath and or any member of his family gets sick, they tell Simua about it and Simua enable Nephath to virtually get free medical services. From pharmacies, Simua also brings Nephath medicine that is prescribed during the virtual medical services.

For each of such free medical services, Simua, a volunteer and or intern, is paid, but not by Nephath.

Volunteers are paid also whenever they distribute reusable sanitary towels to girls after gathering the girls and chatting with the girls about the towels.

They are also paid for keeping toilets clean at all times. Toilet cleaning may also involve gathering villagers, chatting with villagers about cleanliness and urging the villagers to clean the toilets for pay, especially where the toilets are on road sides.

purchase, on receipts you get whenever you purchase, on the packaging you dispose of, on phone screens, on notepads, business cards, stickers, vouchers, and so on.

Everyone Can Now accelerateUHC

Universal Health Care (UHC), which Kenya as a nation is envisioning, is not just about health care financing and access to health facilities. It encompasses many other components, including human resources, communication networks and information systems, technologies, quality assurance mechanisms, governance and legislation. It also includes the less thought-about activities such as rainwater harvesting, use of toilets, sanitary towels, and so on.

As often said, and as evident in these times of corona virus pandemic, water and sanitation are critical for preventive health care, which is an important aspect of UHC. Therefore, you could start to accelerateUHC with rainwater harvesting systems, which consist of water cleaning components fitted on large roofs like those in schools and churches. Where roofs are not suitable for the harvesting, start by cleaning rain water collected in earth dams and from roads.

Since rainwater harvesting or cleaning isn't viable for Kavililo Village, Kitui County; Ms Graca Mweni Nya had to start by nominating Kavililo for borehole. In return, Kavililo got a water borehole and a water pump. Before then,

water was so scarce in the village that Graca herself loaded her car with jerrycans of water whenever she drove to the village. Some members of the community had to walk 12 hours for a single round trip to collect water.

Mr. Peter Mutua, a good gardener in Nairobi, started to accelerateUHC by self-nominating for toilet and his family got a toilet (in small photo). Before getting the toilet, Peter didn't know whether to pay school fees for his children or to have his family members continue begging to use neighbours' toilets.

From accelerateUHC, a project currently at pilot stage, villages without toilets get communal toilets, which are built in schools and on sides of busy roads within the villages. Toilets on roads sides also serve travellers that use the roads.

Ignatius Simua, a community health worker (CHW), started to accelerateUHC by nominating for free medical services Nephath Imboyoka (in large photo), a 51 years old man from Kakamega County, Lurambi sub-county, Butsotso North ward. Nephath now gets free medical services. Beneficiaries of free medical services do not have to travel to hospitals and pharmacies. CHWs,

nurses and clinical officers are paid whenever they work virtually with selected doctors and hospitals to serve beneficiaries, especially in areas where hospitals and clinics are scarce. These non-co-pay out-patient free medical services start instantly, no waiting period.

If, during the virtual services, it is found that some of beneficiaries are to be hospitalised, they are evacuated to facilities where they do not co-pay for in-patient services.

Thanks to the project, you could start to accelerateUHC with reusable sanitary towels, which help girls finish schooling. The non-harmful chemicals used to make the towels antimicrobial do not leak out of the fabric during use nor wash as the treatment is permanently bonded to the fabric. Since the towels kill germs, they are suitable for use in places where access to clean water is limited.

How to accelerateUHC

Currently, up to 11 people are selected weekly for free medical services. Additionally, one village or school will be selected weekly for rainwater harvesting systems, toilets or reusable sanitary towels.

Go to <https://kenya.adra.cloud/get-involved/>, accelerateUHC by

nominating the households and villages or schools that you care about for medical services, towels, rainwater harvesting systems or reusable sanitary towels. You can nominate from anywhere in the world. While nominating, you share a photo representing your nominee.

After nominating, you invite your friends and relatives to vote for your nominee by pointing with phone cameras at the photo — in other words, you and your friends and relatives crowd point at the photo. You can vote from anywhere in the world.

Your nominee gets what you nominate them for on the calendar week when your crowd pointing is higher than crowd pointing in favour of any other nominees.

The crowd pointing determines when, not if, your nominee gets what you nominate them for. The crowd pointing makes the weekly selection transparently fair. For beneficiaries of medical services, the pointing also ensures regular renewal of the free medical services.

You can also point at advert(s) in next page(s) of this article, related organisations accelerateUHC with their print adverts. Organisations accelerateUHC by having their adverts made point-able free of charge so that you may have a lot more than photos to point at. You could also point at logos that you see frequently, on products you

Another Opportunity to accelerateUHC as a Paid Volunteer or Intern

You do not have to be a CHW or a nurse to be a paid volunteer or intern. Go to <https://kenya.adra.cloud/get-involved/> to be one of Volunteers / Interns that persuade organisations / brands to accelerateUHC with their print adverts — on this article next pages are ad(s) that accelerateUHC, the ad(s) are secured by paid volunteers.

Whenever you persuade organisations to accelerateUHC with their adverts, you get paid and the

adverts are made point-able free of charge.

Others, who accelerateUHC by voting for nominees, are informed about the adverts and they engage more with the adverts as they point at the adverts. They discuss with their friends and relatives on how the brands are helping in getting Clean, Close Water and Medical, Sanitation and Hygiene services. They keep the adverts for future 'voting' and or references — the adverts become

dear to them and to their friends and relatives.

This opportunity to volunteer to persuade organisations is open to all. You could be an employee of the organisation. You could be related to employees of the organisation. You are free to refuse to take the payments though.

Voting and nominating are not paid for. If you are not a CHW and you nominate for medical cover, reusable sanitary towels or toilets,

you identify CHWs that will work for pay with your nominees.

Without paid CHWs, beneficiaries cannot fully benefit from the free medical services, the reusable sanitary towels and the toilets.

The free medical services are of no use to beneficiaries that cannot access medical facilities. CHWs enable beneficiaries to access virtual medical services, especially beneficiaries in very remote areas.

Beneficiaries that are not guided on how to use reusable sanitary towels will abuse the towels. CHWs are paid to gather potential beneficiaries of the towels and chat with them honestly and openly about the towels in relation to menstruation in general.

Toilets, especially public toilets, will be useless if there is no one in charge of cleaning the toilets. Paid CHWs are in charge of toilets. They chat with villagers about cleanliness in general. CHWs also engage the villagers in actual cleaning of the toilets in return for stipends.

accelerateUHC



go to <https://kenya.adra.cloud/get-involved/> to nominate family for **Free Medical Services**

Every week, we select 11 nominees for FREE Medical Services under terms & conditions that include:

Paid ADRA Volunteers & SaSadoctor or CheckUps Medical Hub check medical conditions of each selected nominee every 3 months, FREE of charge.

If a selected nominee falls sick or is found to be sick during the checks, Paid ADRA Volunteers & SaSa or CheckUps gives them FREE medical services.

AMREF Flying Doctors evacuate a member of each selected family in cases of medical emergencies, FREE of charge.

KEMRI collects views of some of selected nominees and recommends changes to be made about the FREE Medical Services.

